

VITA-D GEL CAPS

COMPOSITION

Active : cholecalciferol 25 mcg (equivalent to Vitamin D3 1000 I.U.). Inactive: rice bran oil, glycerol, gelatin & water.

Contains no sugar, lactose, yeast, gluten, artificial colourings, flavourings or preservatives.

ACTION

Vitamin D3 supplement. Vitamin D3 is the natural form of Vitamin D found in humans and is required for healthy bones & teeth. Vitamin D promotes absorption of calcium & phosphate for strong bones. Vitamin D helps improve & maintain muscle strength which may help reduce the incidence of falls in the elderly, thereby reducing the risk of fracture.

INDICATIONS

Prevention & treatment of Vitamin D deficiency.

CONTRAINDICATIONS

Hypercalcaemia. Vitamin D toxicity.

WARNINGS

Excessive intake of Vitamin D can cause toxicity associated with high calcium levels.

DOSAGE & ADMINISTRATION

Adults & children over 12 years: Take 1 capsule daily with food or as recommended by a healthcare professional.

PRESENTATION

Clear, yellow, oval soft gel capsule (25 microgram, 1000 I.U.). Bottles of 60 and 250 capsules.

STORAGE

Store below 25°C in a dry place. Shelf life 3 years. Keep out of reach of children.

POISONS SCHEDULE

Unscheduled.