

Sorbisol

COMPOSITION

Sorbitol solution 70% B.P. non-crystallising. Each 20ml contains 14g of sorbitol.

ACTION

Osmotic laxative.

INDICATIONS

To assist in the relief of constipation.

CONTRAINDICATIONS

Fructose intolerant patients.

PRECAUTIONS

Effective management of constipation should include drinking plenty of water and increasing the amount of fibre in the diet. Prolonged use of laxatives is undesirable and may lead to dependency. Products containing sorbitol may have a laxative effect or cause diarrhoea. If symptoms persist, seek medical advice.

Sorbisol should be administered with caution to insulin dependent diabetic patients. If a diabetic patient is stabilised on insulin and has adequate insulin reserves, no increase in blood glucose levels is seen. However, an insulin depleted patient may exhibit a rise in blood glucose level.

Some patients may be sensitive to sorbitol and may experience abdominal distension, pain and diarrhoea. Their dosage will need to be reduced and treated accordingly. Not recommended for use during pregnancy, during breastfeeding and in children.

ADVERSE REACTIONS

Flatulence, abdominal bloating, cramping, nausea and diarrhoea may occur.

INTERACTIONS

Medications that cause constipation (eg. antacids and narcotics) may reduce the effectiveness of sorbitol and therefore the dose of sorbitol may need to be increased. Concurrent use of other stimulant laxatives may result in diarrhoea.

DIRECTIONS

Adult dosage: Usual initial dose is 20ml daily. Increase up to 20ml three times a day if necessary. This dose may be reduced as required. Take Sorbisol either one hour before or three hours after food as the consumption of food with sorbitol may reduce the osmotic effect.

PRESENTATION

Liquid, 70%: 500ml.

STORAGE

Store below 30°Celsius. Do not refrigerate. Crystals may occur with cold temperatures. Re-dissolve crystals by warming and shaking the bottle.

POISONS SCHEDULE

Not scheduled.